

PEMHCA Historical
Premiums (Single)
2018 Preliminary

Premiums																		
	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Basic																		
Bay Area																		
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	\$657.33	\$662.41	\$721.79	\$783.46	\$856.41
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	728.41	827.57	855.42	990.05	925.47
Blue Shield Access+	\$201.17	\$216.66	\$267.25	\$315.22	\$389.96	\$425.50	\$484.21	\$532.93	\$560.57	\$577.33	\$675.51	\$711.10	\$784.63	836.59	928.87	1,016.18	1,024.85	889.02
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	478.22	495.50	500.35	581.24	611.59	670.21	704.01	870.60	1,033.86	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	808.44	733.29	863.48
Kaiser	202.21	210.17	259.21	305.42	354.69	389.38	431.17	470.67	508.30	532.56	568.99	610.44	668.63	742.72	714.45	746.47	733.39	779.86
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	764.24	850.67	955.44	1,062.26	1,371.84
Western Health Advantage	n/a	181.65	208.90	280.41	322.47	354.07	395.85	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	792.56
PERS Choice	214.00	249.00	296.00	349.41	369.74	404.59	455.18	482.48	482.48	508.74	563.40	574.15	667.03	690.77	700.84	798.36	830.30	800.27
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	467.18	453.16	474.93	492.68	487.39	487.20	661.52	690.43	730.07	736.27	717.50
PERSCare	361.00	449.00	548.00	544.77	619.93	680.43	769.50	749.83	749.83	868.17	893.95	1,029.23	1,083.11	720.04	775.08	889.27	932.39	882.45
Sacramento																		
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	\$750.27	\$811.14	\$902.07	\$907.08	\$942.29
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	840.43	940.16	1,112.54	1,286.41	1,054.62
Blue Shield Access+	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	\$519.57	\$609.14	\$636.92	\$702.75	734.87	809.22	885.33	859.42	806.71
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	473.48	541.43	553.09	606.11	618.39	758.45	900.73	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	747.55	672.66	980.82
Kaiser	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	502.56	524.51	562.69	613.42	681.59	660.96	695.11	690.56	703.96
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	643.34	623.45	686.36	756.78	831.42
Western Health Advantage	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	744.79
PERS Choice	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	458.36	524.04	534.10	620.49	665.99	679.26	727.58	723.47	735.38
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	427.90	458.27	453.39	453.21	637.85	669.16	665.35	641.47	684.90
PERSCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	782.19	831.50	957.44	1,007.54	694.26	751.21	810.40	812.40	797.61
Los Angeles Area																		
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	\$475.86	\$493.40	\$543.47	\$592.78	\$660.17
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	549.76	631.62	610.64	713.69	784.72
Blue Shield Access+	\$201.17	\$216.66	\$267.25	\$315.22	\$287.75	\$312.98	\$356.17	\$392.01	\$412.35	\$424.69	\$496.93	\$510.72	\$530.75	469.91	517.87	566.53	675.98	613.29
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	351.77	364.49	368.06	427.58	439.25	453.35	395.50	485.41	576.46	n/a	n/a
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	425.44	430.71	466.11	414.79	404.32
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	542.71	568.47	585.39	526.73	577.15
Kaiser	202.21	210.17	259.21	305.42	294.78	306.54	329.14	359.30	388.02	413.17	434.00	465.63	502.40	541.79	521.18	543.83	573.89	642.70
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	487.76	458.74	492.24	545.71	602.78
PERS Choice	214.00	249.00	296.00	349.41	344.12	376.55	423.63	449.04	449.04	452.41	496.15	505.63	587.46	599.19	585.18	598.75	637.53	620.39
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	434.80	421.75	422.35	433.87	429.22	429.08	573.83	576.49	547.55	565.33	573.21
PERSCare	361.00	449.00	548.00	544.77	576.96	633.27	716.17	697.87	697.87	772.05	787.24	906.39	953.90	624.59	647.11	666.91	715.88	673.73



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	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Basic																		
Other Southern California																		
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	\$536.99	\$653.97	\$634.75	\$659.03	\$659.69
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	592.20	743.12	710.79	799.15	735.08
Blue Shield Access+	\$201.17	\$216.66	\$267.25	\$315.22	\$323.25	\$357.67	\$407.02	\$447.97	\$471.18	\$485.29	\$567.87	\$583.60	\$644.68	543.21	598.66	654.87	778.45	695.97
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	401.98	416.49	420.59	488.62	501.93	550.03	457.17	561.09	666.35	n/a	n/a
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	489.82	520.59	535.98	473.46	461.56
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	568.51	579.88	596.98	537.20	607.68
Kaiser	202.21	210.17	259.21	305.42	308.24	320.55	360.60	393.63	425.11	454.99	477.95	512.76	558.95	602.79	579.80	605.05	599.54	666.80
Sharp	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	538.59	564.57	561.34	614.46	618.14
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	521.01	449.10	493.99	549.76	616.66
PERS Choice	214.00	249.00	296.00	349.41	351.44	384.56	432.64	458.59	458.59	472.83	516.28	526.19	611.30	612.25	594.40	683.71	714.43	698.96
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	444.05	430.72	441.41	451.48	446.68	446.49	586.32	585.58	625.20	633.46	654.74
PERSCare	361.00	449.00	548.00	544.77	589.24	646.74	731.40	712.71	712.71	806.89	819.18	943.26	992.61	638.22	657.32	761.50	802.24	733.50
Other Northern California																		
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	\$706.20	\$728.65	\$839.10	\$892.13	\$910.90
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	767.36	838.48	964.91	1,169.87	954.75
Blue Shield Access+	\$201.17	\$216.66	\$267.25	\$315.22	\$394.26	\$431.91	\$491.50	\$540.94	\$569.01	\$586.02	\$685.67	\$704.69	\$777.53	729.76	804.34	879.96	954.51	894.43
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	664.15	614.13	753.82	895.17	n/a	n/a
Kaiser	202.21	210.17	259.21	305.42	362.58	398.03	440.77	481.14	519.62	539.49	574.32	616.14	671.68	745.30	716.98	755.27	733.99	795.43
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	659.06	677.35	794.80	882.35	1,205.55
Western Health Advantage	n/a	181.65	208.90	280.41	322.47	354.07	395.85	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	744.79
Anthem EPO Del Norte	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	656.08	795.57	820.38	813.96
Anthem EPO Monterey	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	656.08	795.57	820.38	910.90
PERS Choice	214.00	249.00	296.00	349.41	384.38	420.61	473.20	501.59	501.59	492.41	548.78	559.25	649.78	641.08	656.08	795.57	820.38	813.96
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	485.68	471.10	459.69	479.90	474.74	474.61	613.99	646.35	727.47	727.45	691.78
PERSCare	361.00	449.00	548.00	544.77	644.48	707.37	799.97	779.53	779.53	840.31	870.76	1,002.53	1,055.10	668.27	725.54	886.15	921.24	866.93
Out of State																		
Kaiser/OOS	\$273.12	\$309.72	\$355.67	\$426.93	\$475.92	\$527.31	\$577.82	\$625.52	\$660.32	\$724.69	\$785.28	\$816.47	\$876.46	\$917.20	\$922.78	\$930.29	\$940.67	\$957.05
PERS Choice	214.00	249.00	296.00	349.41	402.69	440.64	495.74	525.47	525.47	579.58	636.97	649.16	754.21	706.40	653.58	625.31	675.61	661.45
PERSCare	361.00	449.00	548.00	544.77	675.17	741.06	838.07	816.65	816.65	989.07	1,010.68	1,163.70	1,224.67	736.32	722.74	696.49	758.69	718.98
PORAC	250.00	299.00	363.00	399.00	399.00	399.00	439.00	452.00	484.00	484.00	527.00	556.00	581.00	634.00	675.00	699.00	699.00	734.00



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Premiums																		
	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Medicare																		
All Regions																		
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	\$341.12	\$445.38	n/a	n/a	n/a
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	341.12	445.38	n/a	n/a	\$370.34
Blue Shield Access+	\$233.88	\$260.85	\$271.28	\$319.97	\$287.78	\$286.49	\$318.95	\$341.44	\$341.44	\$299.53	\$337.88	\$337.99	\$261.32	298.21	352.63	n/a	n/a	n/a
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	304.66	304.66	299.53	337.88	337.99	261.32	298.21	352.63	n/a	n/a	n/a
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	261.24	276.85	n/a	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	261.24	276.85	n/a	n/a	n/a
Kaiser	127.00	133.43	207.62	273.86	243.22	218.59	289.68	273.36	280.16	298.36	282.30	277.81	288.37	294.97	295.51	\$297.23	\$300.48	316.34
Kaiser/OOS	140.06	155.11	175.60	239.50	260.95	209.99	271.78	298.67	318.84	319.34	354.81	366.87	371.89	388.65	390.47	297.23	300.48	316.34
Sharp	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	306.51	327.66	n/a	n/a	n/a
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	193.33	267.41	320.98	324.21	330.76
Western Health Advantage	n/a	161.22	180.69	280.24	280.24	277.44	296.86	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PERS Choice	254.00	295.00	310.00	305.67	279.60	322.03	341.75	349.11	349.11	356.09	375.88	383.44	325.74	307.23	339.47	366.38	353.63	345.97
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	349.11	349.11	356.09	375.88	383.44	325.74	307.23	339.47	366.38	353.63	345.97
PERSCare	277.00	321.00	340.00	336.07	289.32	347.20	371.68	404.60	404.60	410.60	433.66	432.43	370.43	327.36	368.76	408.04	389.76	382.30
PORAC	228.00	274.00	333.00	351.00	351.00	351.00	351.00	308.00	330.00	363.00	418.00	418.00	418.00	397.00	402.00	442.00	464.00	487.00



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Percent Change																	
	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Basic																	
Bay Area																	
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	0.8%	9.0%	8.5%	9.3%
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	13.6%	3.4%	15.7%	-6.5%
Blue Shield Access+	7.7%	23.3%	17.9%	23.7%	9.1%	13.8%	10.1%	5.2%	3.0%	17.0%	5.3%	10.3%	6.6%	11.0%	9.4%	0.9%	-13.3%
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	3.6%	1.0%	16.2%	5.2%	9.6%	5.0%	23.7%	18.8%	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-9.3%	17.8%
Kaiser	3.9%	23.3%	17.8%	16.1%	9.8%	10.7%	9.2%	8.0%	4.8%	6.8%	7.3%	9.5%	11.1%	-3.8%	4.5%	-1.8%	6.3%
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	11.3%	12.3%	11.2%	29.1%
Western Health Advantage	n/a	15.0%	34.2%	15.0%	9.8%	11.8%	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PERS Choice	16.4%	18.9%	18.0%	5.8%	9.4%	12.5%	6.0%	0.0%	5.4%	10.7%	1.9%	16.2%	3.6%	1.5%	13.9%	4.0%	-3.6%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-3.0%	4.8%	3.7%	-1.1%	0.0%	35.8%	4.4%	5.7%	0.8%	-2.5%
PERSCare	24.4%	22.0%	-0.6%	13.8%	9.8%	13.1%	-2.6%	0.0%	15.8%	3.0%	15.1%	5.2%	-33.5%	7.6%	14.7%	4.8%	-5.4%
Sacramento																	
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	8.1%	11.2%	0.6%	3.9%
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	11.9%	18.3%	15.6%	-18.0%
Blue Shield Access+	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	17.2%	4.6%	10.3%	4.6%	10.1%	9.4%	-2.9%	-6.1%
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	14.4%	2.2%	9.6%	2.0%	22.6%	18.8%	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-10.0%	45.8%
Kaiser	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.4%	7.3%	9.0%	11.1%	-3.0%	5.2%	-0.7%	1.9%
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-3.1%	10.1%	10.3%	9.9%
Western Health Advantage	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PERS Choice	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	14.3%	1.9%	16.2%	7.3%	2.0%	7.1%	-0.6%	1.6%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	7.1%	-1.1%	0.0%	40.7%	4.9%	-0.6%	-3.6%	6.8%
PERSCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.3%	15.1%	5.2%	-31.1%	8.2%	7.9%	0.2%	-1.8%
Los Angeles Area																	
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	3.7%	10.1%	9.1%	11.4%
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	14.9%	-3.3%	16.9%	10.0%
Blue Shield Access+	7.7%	23.3%	17.9%	-8.7%	8.8%	13.8%	10.1%	5.2%	3.0%	17.0%	2.8%	3.9%	-11.5%	10.2%	9.4%	19.3%	-9.3%
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	3.6%	1.0%	16.2%	2.7%	3.2%	-12.8%	22.7%	18.8%	n/a	n/a
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	1.2%	8.2%	-11.0%	-2.5%
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.7%	3.0%	-10.0%	9.6%
Kaiser	3.9%	23.3%	17.8%	-3.5%	4.0%	7.4%	9.2%	8.0%	6.5%	5.0%	7.3%	7.9%	7.8%	-3.8%	4.3%	5.5%	12.0%
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-5.9%	7.3%	10.9%	10.5%
PERS Choice	16.4%	18.9%	18.0%	-1.5%	9.4%	12.5%	6.0%	0.0%	0.8%	9.7%	1.9%	16.2%	2.0%	-2.3%	2.3%	6.5%	-2.7%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-3.0%	0.1%	2.7%	-1.1%	0.0%	33.7%	0.5%	-5.0%	3.2%	1.4%
PERSCare	24.4%	22.0%	-0.6%	5.9%	9.8%	13.1%	-2.6%	0.0%	10.6%	2.0%	15.1%	5.2%	-34.5%	3.6%	3.1%	7.3%	-5.9%



PEMHCA Historical
Premiums (Single)
2018 Preliminary

	Percent Change																
	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Basic																	
Other Southern California																	
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	21.8%	-2.9%	3.8%	0.1%
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	25.5%	-4.4%	12.4%	-8.0%
Blue Shield Access+	7.7%	23.3%	17.9%	2.5%	10.6%	13.8%	10.1%	5.2%	3.0%	17.0%	2.8%	10.5%	-15.7%	10.2%	9.4%	18.9%	-10.6%
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	3.6%	1.0%	16.2%	2.7%	9.6%	-16.9%	22.7%	18.8%	n/a	n/a
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.3%	3.0%	-11.7%	-2.5%
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	2.0%	2.9%	-10.0%	13.1%
Kaiser	3.9%	23.3%	17.8%	0.9%	4.0%	12.5%	9.2%	8.0%	7.0%	5.0%	7.3%	9.0%	7.8%	-3.8%	4.4%	-0.9%	11.2%
Sharp	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.8%	-0.6%	9.5%	0.6%
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-13.8%	10.0%	11.3%	12.2%
PERS Choice	16.4%	18.9%	18.0%	0.6%	9.4%	12.5%	6.0%	0.0%	3.1%	9.2%	1.9%	16.2%	0.2%	-2.9%	15.0%	4.5%	-2.2%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-3.0%	2.5%	2.3%	-1.1%	0.0%	31.3%	-0.1%	6.8%	1.3%	3.4%
PERSCare	24.4%	22.0%	-0.6%	8.2%	9.8%	13.1%	-2.6%	0.0%	13.2%	1.5%	15.1%	5.2%	-35.7%	3.0%	15.8%	5.3%	-8.6%
Other Northern California																	
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	3.2%	15.2%	6.3%	2.1%
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	9.3%	15.1%	21.2%	-18.4%
Blue Shield Access+	7.7%	23.3%	17.9%	25.1%	9.5%	13.8%	10.1%	5.2%	3.0%	17.0%	2.8%	10.3%	-6.1%	10.2%	9.4%	8.5%	-6.3%
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-7.5%	22.7%	18.8%	n/a	n/a
Kaiser	3.9%	23.3%	17.8%	18.7%	9.8%	10.7%	9.2%	8.0%	3.8%	6.5%	7.3%	9.0%	11.0%	-3.8%	5.3%	-2.8%	8.4%
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	2.8%	17.3%	11.0%	36.6%
Western Health Advantage	n/a	15.0%	34.2%	15.0%	9.8%	11.8%	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Anthem EPO Del Norte	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	21.3%	3.1%	-0.8%
Anthem EPO Monterey	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	21.3%	3.1%	11.0%
PERS Choice	16.4%	18.9%	18.0%	10.0%	9.4%	12.5%	6.0%	0.0%	-1.8%	11.4%	1.9%	16.2%	-1.3%	2.3%	21.3%	3.1%	-0.8%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-3.0%	-2.4%	4.4%	-1.1%	0.0%	29.4%	5.3%	12.6%	0.0%	-4.9%
PERSCare	24.4%	22.0%	-0.6%	18.3%	9.8%	13.1%	-2.6%	0.0%	7.8%	3.6%	15.1%	5.2%	-36.7%	8.6%	22.1%	4.0%	-5.9%
Out of State																	
Kaiser/OOS	13.4%	14.8%	20.0%	11.5%	10.8%	9.6%	8.3%	5.6%	9.7%	8.4%	4.0%	7.3%	4.6%	0.6%	0.8%	1.1%	1.7%
PERS Choice	16.4%	18.9%	18.0%	15.2%	9.4%	12.5%	6.0%	0.0%	10.3%	9.9%	1.9%	16.2%	-6.3%	-7.5%	-4.3%	8.0%	-2.1%
PERSCare	24.4%	22.0%	-0.6%	23.9%	9.8%	13.1%	-2.6%	0.0%	21.1%	2.2%	15.1%	5.2%	-39.9%	-1.8%	-3.6%	8.9%	-5.2%
PORAC	19.6%	21.4%	9.9%	0.0%	0.0%	10.0%	3.0%	7.1%	0.0%	8.9%	5.5%	4.5%	9.1%	6.5%	3.6%	0.0%	5.0%



PEMHCA Historical
 Premiums (Single)
 2018 Preliminary

Percent Change																	
	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Medicare																	
All Regions																	
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	30.6%	n/a	n/a	n/a
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	30.6%	n/a	n/a	n/a
Blue Shield Access+	11.5%	4.0%	17.9%	-10.1%	-0.4%	11.3%	7.1%	0.0%	-12.3%	12.8%	0.0%	-22.7%	14.1%	18.2%	n/a	n/a	n/a
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	0.0%	-1.7%	12.8%	0.0%	-22.7%	14.1%	18.2%	n/a	n/a	n/a
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.0%	n/a	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.0%	n/a	n/a	n/a
Kaiser	5.1%	55.6%	31.9%	-11.2%	-10.1%	32.5%	-5.6%	2.5%	6.5%	-5.4%	-1.6%	3.8%	2.3%	0.2%	0.6%	1.1%	5.3%
Kaiser/OOS	10.7%	13.2%	36.4%	9.0%	-19.5%	29.4%	9.9%	6.8%	0.2%	11.1%	3.4%	1.4%	4.5%	0.5%	-23.9%	1.1%	5.3%
Sharp	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.9%	n/a	n/a	n/a
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	38.3%	20.0%	1.0%	2.0%
Western Health Advantage	n/a	12.1%	55.1%	0.0%	-1.0%	7.0%	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PERS Choice	16.1%	5.1%	-1.4%	-8.5%	15.2%	6.1%	2.2%	0.0%	2.0%	5.6%	2.0%	-15.0%	-5.7%	10.5%	7.9%	-3.5%	-2.2%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	0.0%	2.0%	5.6%	2.0%	-15.0%	-5.7%	10.5%	7.9%	-3.5%	-2.2%
PERSCare	15.9%	5.9%	-1.2%	-13.9%	20.0%	7.1%	8.9%	0.0%	1.5%	5.6%	-0.3%	-14.3%	-11.6%	12.6%	10.7%	-4.5%	-1.9%
PORAC	20.2%	21.5%	5.4%	0.0%	0.0%	0.0%	-12.3%	7.1%	10.0%	15.2%	0.0%	0.0%	-5.0%	1.3%	10.0%	5.0%	5.0%



PEMHCA Historical
 Premiums (Single)
 2018 Preliminary

Annualized Increases																
	2001-2018	2002-2018	2003-2018	2004-2018	2005-2018	2006-2018	2007-2018	2008-2018	2009-2018	2010-2018	2011-2018	2012-2018	2013-2018	2014-2018	2015-2018	2016-2018
Basic																
Bay Area																
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.8%	8.9%	8.9%
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.2%	3.8%	4.0%
Blue Shield Access+	9.1%	9.2%	8.3%	7.7%	6.5%	6.3%	5.7%	5.3%	5.3%	5.5%	4.0%	3.8%	2.5%	1.5%	-1.5%	-6.5%
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	3.3%
Kaiser	8.3%	8.5%	7.6%	6.9%	6.2%	6.0%	5.5%	5.2%	4.9%	4.9%	4.6%	4.2%	3.1%	1.2%	3.0%	2.2%
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	15.7%	17.3%	19.8%
Western Health Advantage	n/a	9.6%	9.3%	7.7%	7.2%	6.9%	6.5%	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PERS Choice	8.1%	7.6%	6.9%	6.1%	6.1%	5.8%	5.3%	5.2%	5.8%	5.8%	5.1%	5.7%	3.7%	3.7%	4.5%	0.1%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.4%	5.2%	5.3%	5.5%	6.7%	8.0%	2.1%	1.3%	-0.9%
PERSCare	5.4%	4.3%	3.2%	3.5%	2.8%	2.2%	1.3%	1.6%	1.8%	0.2%	-0.2%	-2.5%	-4.0%	5.2%	4.4%	-0.4%
Sacramento																
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.9%	5.1%	2.2%
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.8%	3.9%	-2.6%
Blue Shield Access+	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.7%	4.1%	4.0%	2.8%	2.4%	-0.1%	-4.5%
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	14.5%
Kaiser	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.3%	4.3%	3.8%	2.8%	0.8%	2.1%	0.6%
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.6%	10.1%	10.1%
Western Health Advantage	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PERS Choice	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.1%	5.0%	5.5%	3.5%	2.5%	2.7%	0.5%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.1%	5.9%	7.1%	8.6%	1.8%	0.8%	1.5%
PERSCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	0.2%	-0.6%	-3.0%	-4.6%	3.5%	2.0%	-0.8%
Los Angeles Area																
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	8.5%	10.2%	10.2%
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	9.3%	7.5%	13.4%
Blue Shield Access+	6.8%	6.7%	5.7%	4.9%	6.0%	5.8%	5.1%	4.6%	4.5%	4.7%	3.1%	3.1%	2.9%	6.9%	5.8%	4.0%
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-1.3%	-2.1%	-6.9%
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	1.6%	0.5%	-0.7%
Kaiser	7.0%	7.2%	6.2%	5.5%	6.2%	6.4%	6.3%	6.0%	5.8%	5.7%	5.8%	5.5%	5.0%	4.4%	7.2%	8.7%
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.4%	9.5%	10.7%
PERS Choice	6.5%	5.9%	5.1%	4.2%	4.6%	4.2%	3.5%	3.3%	3.7%	4.0%	3.2%	3.5%	1.1%	0.9%	2.0%	1.8%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	2.8%	3.5%	3.9%	4.1%	4.9%	6.0%	0.0%	-0.2%	2.3%
PERSCare	3.7%	2.6%	1.4%	1.5%	1.2%	0.5%	-0.6%	-0.4%	-0.4%	-1.7%	-2.2%	-4.8%	-6.7%	1.9%	1.4%	0.5%



PEMHCA Historical
Premiums (Single)
2018 Preliminary

Annualized Increases																	
	2001-2018	2002-2018	2003-2018	2004-2018	2005-2018	2006-2018	2007-2018	2008-2018	2009-2018	2010-2018	2011-2018	2012-2018	2013-2018	2014-2018	2015-2018	2016-2018	
Basic																	
Other Southern California																	
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.3%	0.3%	1.9%	
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.6%	-0.4%	1.7%	
Blue Shield Access+	7.6%	7.6%	6.6%	5.8%	6.1%	5.7%	5.0%	4.5%	4.4%	4.6%	2.9%	3.0%	1.5%	6.4%	5.1%	3.1%	
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-1.5%	-3.9%	-7.2%	
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	1.7%	1.6%	0.9%	
Kaiser	7.3%	7.5%	6.5%	5.7%	6.1%	6.3%	5.7%	5.4%	5.1%	4.9%	4.9%	4.5%	3.6%	2.6%	4.8%	5.0%	
Sharp	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	3.5%	3.1%	4.9%	
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.3%	11.1%	11.7%	
PERS Choice	7.2%	6.7%	5.9%	5.1%	5.4%	5.1%	4.5%	4.3%	4.8%	5.0%	4.4%	4.8%	2.7%	3.4%	5.5%	1.1%	
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.0%	4.8%	5.1%	5.5%	6.6%	8.0%	2.8%	3.8%	2.3%	
PERSCare	4.3%	3.1%	2.0%	2.1%	1.7%	1.1%	0.0%	0.3%	0.3%	-1.2%	-1.6%	-4.1%	-5.9%	3.5%	3.7%	-1.9%	
Other Northern California																	
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	6.6%	7.7%	4.2%	
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.6%	4.4%	-0.5%	
Blue Shield Access+	9.2%	9.3%	8.4%	7.7%	6.5%	6.3%	5.6%	5.2%	5.2%	5.4%	3.9%	4.1%	2.8%	5.2%	3.6%	0.8%	
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Kaiser	8.4%	8.7%	7.8%	7.1%	6.2%	5.9%	5.5%	5.2%	4.8%	5.0%	4.8%	4.3%	3.4%	1.6%	3.5%	2.6%	
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	16.3%	21.2%	23.2%	
Western Health Advantage	n/a	9.2%	8.8%	7.2%	6.7%	6.4%	5.9%	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Anthem EPO Del Norte	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	7.5%	1.1%
Anthem EPO Monterey	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	11.6%	7.0%	
PERS Choice	8.2%	7.7%	7.0%	6.2%	5.9%	5.7%	5.1%	5.0%	5.5%	6.5%	5.8%	6.5%	4.6%	6.2%	7.5%	1.1%	
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	3.6%	4.4%	5.2%	5.4%	6.5%	7.8%	3.0%	2.3%	-2.5%	
PERSCare	5.3%	4.2%	3.1%	3.4%	2.3%	1.7%	0.7%	1.1%	1.2%	0.4%	-0.1%	-2.4%	-3.9%	6.7%	6.1%	-1.1%	
Out of State																	
Kaiser/OOS	7.7%	7.3%	6.8%	5.9%	5.5%	5.1%	4.7%	4.3%	4.2%	3.5%	2.9%	2.7%	1.8%	1.1%	1.2%	1.4%	
PERS Choice	6.9%	6.3%	5.5%	4.7%	3.9%	3.4%	2.7%	2.3%	2.6%	1.7%	0.5%	0.3%	-2.6%	-1.6%	0.4%	2.8%	
PERSCare	4.1%	3.0%	1.8%	2.0%	0.5%	-0.3%	-1.4%	-1.3%	-1.4%	-3.9%	-4.7%	-7.7%	-10.1%	-0.6%	-0.2%	1.6%	
PORAC	6.5%	5.8%	4.8%	4.5%	4.8%	5.2%	4.8%	5.0%	4.7%	5.3%	4.8%	4.7%	4.8%	3.7%	2.8%	2.5%	



PEMHCA Historical
 Premiums (Single)
 2018 Preliminary

Annualized Increases																
	2001-2018	2002-2018	2003-2018	2004-2018	2005-2018	2006-2018	2007-2018	2008-2018	2009-2018	2010-2018	2011-2018	2012-2018	2013-2018	2014-2018	2015-2018	2016-2018
Medicare																
All Regions																
Anthem Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Anthem Traditional	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	2.1%	-6.0%	n/a
Blue Shield Access+	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Blue Shield NetValue	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Health Net Salud y Más	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Health Net SmartCare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Kaiser	5.5%	5.5%	2.8%	1.0%	2.0%	3.1%	0.8%	1.5%	1.4%	0.7%	1.6%	2.2%	1.9%	1.8%	2.3%	3.2%
Kaiser/OOS	4.9%	4.6%	4.0%	2.0%	1.5%	3.5%	1.4%	0.6%	-0.1%	-0.1%	-1.6%	-2.4%	-3.2%	-5.0%	-6.8%	3.2%
Sharp	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
United Healthcare	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	14.4%	7.3%	1.5%
Western Health Advantage	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PERS Choice	1.8%	1.0%	0.7%	0.9%	1.7%	0.6%	0.1%	-0.1%	-0.1%	-0.4%	-1.2%	-1.7%	1.2%	3.0%	0.6%	-2.8%
PERS Select	n/a	n/a	n/a	n/a	n/a	n/a	n/a	-0.1%	-0.1%	-0.4%	-1.2%	-1.7%	1.2%	3.0%	0.6%	-2.8%
PERSCare	1.9%	1.1%	0.8%	0.9%	2.2%	0.8%	0.3%	-0.6%	-0.6%	-0.9%	-1.8%	-2.0%	0.6%	4.0%	1.2%	-3.2%
PORAC	4.6%	3.7%	2.6%	2.4%	2.6%	2.8%	3.0%	4.7%	4.4%	3.7%	2.2%	2.6%	3.1%	5.2%	6.6%	5.0%

